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For Immediate Release

Something to Live For

Finding Your Way in the Second Half of Life

By Richard J. Leider and David A. Shapiro

In the Spring of 2006, bestselling authors Richard Leider and David Shapiro had the opportunity, along with a dozen other men, aged around 50 and above, from the USA, Canada, and Europe, to travel together in northern Tanzania and to experience together the authentic source experience that Africa offers. And from this, in no small part, has emerged their newest book, ***Something to Live For: Finding Your Way in the Second Half of Life***.

Perhaps more than ever before, the second half of life has become a journey into unknown territory—a safari like the one the authors took that inspired this deeply reflective book. Contemporary adulthood is a place with no maps: how do we find our way? In part 1, “Hunting the Invisible Game,” Leider and Shapiro draw on their experiences with members of Tanzania’s Hadza tribe and invite readers to return to a time and place where our connections to the natural world are revealed more clearly and where we are better able to clarify what really matters in our lives.

In part 2, “Saving the World,” Leider and Shapiro use the idea of generosity to fellow travelers to explore the many ways we can shape our own life to make a positive difference to the lives of others. And in part 3, “Savoring the World,” they examine what it really means and takes to be truly fulfilled in the second half of our lives.

In their most personal book to date, Leider and Shapiro share dozens of moving stories, from their own experiences and those of their safari companions, that exemplify the qualities of authenticity and wholeheartedness that they believe are the essential components of vital aging. Drawing upon ancient and contemporary wisdom, ***Something to Live For*** provides insightful ways of thinking and being that help us find meaning and purpose in life and offers strategies and stories that enable us to act courageously and with loving abandon in all that we do.

More...

"I cannot think of a more important subject, or a more important book, than this one. In a world where so many feel set adrift on choppy seas, we need **Something to Live For** more than ever. A great compass, from two great guides."

— Richard Bolles, author, *What Color Is Your Parachute?*

"**Something To Live For** is filled with wisdom you can learn from and insight you can put into practice. If you're a baby boomer who wants to grow wiser as you grow older, read this book – and give a copy to your best friend, so you can enjoy the journey together."

— Alan M. Webber founding editor, *Fast Company* magazine

"If you want to be inspired, just read this book full of personal, practical, and surprising stories about what matters, what works – and what's next."

— Walter F. Mondale, former Vice President, Senator and Ambassador

"Until now, we've lacked authoritative maps for the second half of life. Richard Leider has provided such a map, and it's a wonderful guide for everyone to read."

— Harry R. Moody, Director Academic Affairs, AARP

"**Something To Live For** is encouraging evidence of something I've seen time and again: the life-giving impact of using one's gifts and passions to serve a cause or mission that really matters. Lives get transformed, starting with one's own."

— Jonathan T. M. Reckford, CEO, Habitat for Humanity International

"This book is a call to action for those who see the second half of life as a journey of contribution and becoming. I unequivocally recommend it."

— Richard Strozzi-Heckler, author of *The Leadership Dojo* and *In Search of the Warrior Spirit*

Richard J. Leider is a founding partner of the Inventure Group. Forbes magazine named Leider one of the most respected coaches in America. He is the author of *The Power of Purpose* and *Life Skills* and is the coauthor of *The Inventurers*.

David A. Shapiro is a philosopher, educator, and writer. He is a tenured faculty member in philosophy at Cascadia Community College in Bothell, Washington. He is the author of *Choosing the Right Thing to Do*.

Leider and Shapiro are the coauthors of *Repacking Your Bags*, *Whistle While Your Work*, and *Claiming Your Place at the Fire*.

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By **Richard J. Leider** and **David A. Shapiro**

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