Choice Map™

We choose moment by moment

- What assumptions am I making?
- What are the facts?

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- · What happened?
- What do I want for both myself and others?
- What can I learn?





Learner Mindset

Judger Mindset

React

- Why am I such a failure?
- · Why are they so stupid?
- Why bother?



To download a color version of the Choice Map and to see a video explanation of it: www.LearnerMindsetOnline.com

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JUDGER PIT

