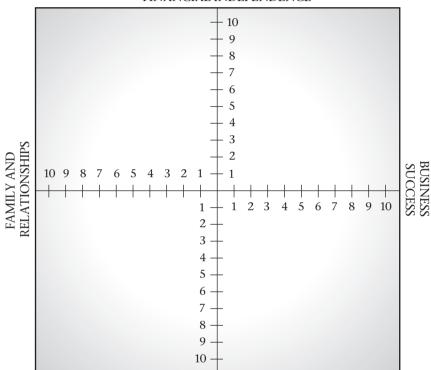
2. And where are you right now? Take a minute to grade yourself on a 1-10 scale in each area (10 being the best). Put a dot on each score and connect them for a sense of your current life. (The goal is to have a perfect diamond.)





HEALTH AND FITNESS

vnere are you strongest? weakest?							